

# MOTION

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

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### Amount Per Serving

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UC-II® standardized chicken cartilage (10 mg total collagen)<sup>†</sup> 40 mg\*

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**Elite Active Blend** 503 mg\*  
Boswellia extract (65% boswellic acid),  
Hyaluronic acid sodium, Boron (as AAC)

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\* Daily Value not established.

**Other Ingredients:** rice flour, cellulose.

**Suggested Use:** Take 1 capsule once a day on an empty stomach.